



May your home be filled with the gifts of hope, peace, joy & love this Advent.

Parishioners across the diocese are invited to draw on these blessings and prayers in the home during Advent. This season is full of expectation and anticipation. We look forward to the second coming of Christ and we ready ourselves to remember and celebrate the first coming of the Son of God at Christmas. In these busy weeks, we hope these prayers and blessings can help people to rest in the true spirit of the season.

A central message in Advent is HOPE. Hope is the person of Jesus who lived and died for us, and who walks with us in every experience of our lives. Pope Francis will open a Jubilee Year of Hope at Christmas. In a world so much in need of hope, may this Advent season help us to welcome the Hope that dwells within each human heart, the hope who is called Jesus Christ.

An Advent Wreath for the Home

We invite you to continue or start the tradition of having an Advent wreath in your home. The advent wreath has a rich meaning.

- The circle of the wreath, with no beginning or end, symbolises the eternity of God.
- The evergreen reminds us of the everlasting life we have in Christ while any pine cones or pods in the wreath represent new life and resurrection.
- The **four candles** represent the four Sundays of Advent. Purple is traditionally a colour of penance and prayer while the rose pink candle that is lit on the Third Sunday (Gaudete/Rejoice Sunday) marks our joy as we move ever closer to Christmas.
- Each Sunday in Advent we light another candle. As the winter grows darker, the light of the Advent wreath increases reminding us that the light of Christ overcomes and dispels the darkness of our world.



As you light a candle on your Advent wreath for the first time, pray this prayer of blessing and take a moment to talk to God about how you will journey through Advent this year alone or as a household. Finish your time of prayer with the Advent prayer: Come, Lord Jesus!

A Blessing of the Advent Mreath

Loving God, let your blessing come upon us as we light this wreath. May it be a sign of hope for us as we prepare for your coming & may it turn our hearts to you in the days ahead. Give us & the world your peace and love as we wait in joyful hope. Through Christ our Lord. Amen. Come, Lord Jesus!

Kildare and Leighlin Faith Development Services & the Diocesan Commission for Liturgical Formation



A Daily Prayer for Advent

A family member can light a candle or the family advent wreath to begin this prayer Loving God, as your light grows in the dark of winter, bring its strength and its hope to all people who suffer through war and conflict, povety and injustice. Just as you sent the star of Bethlehem to lead the way to your Son, guide all people - leaders and citizens to follow your ways of peace and justice. As we remember the difficult journey of Mary and Joseph, may the Holy Family be a source of courage for each of us, helping us to reach out in friendship to all in need in this world and in our community. Help us to see in the Christ-child we welcome this Christmas, the one who who came to bring an end to all divisions and injustice. Through Christ our Lord. Amen. And may the Lord bless us, keep us safe, and fill us with hope this Advent day and always. Amen. Come, Lord Jesus.

Blessing of the Christmas Tree

Lord God, let your blessing come upon this tree and upon those who gather around it. May its light and the cheer it gives us be a sign of the joy that fills our hearts. May it remind us of the goodness and beauty of all of your creation.

As we enjoy this tree may we come to the knowledge and joy of the Christmas gifts of hope and peace, joy and love, and the salvation that comes from you alone. Amen. Come, Lord Jesus.

Blessing of the Family Christmas Orib

God of all people, from the very beginning of creation you have shown us your love: when our need for a Saviour was great you sent your Son to be born of the Virgin Mary. To our lives He brings hope, peace, joy, justice, mercy, and love.

Lord, bless this crib, bless our family, and bless all who will look upon this crib in the coming days; may it remind us of the humble birth of Jesus, and turn our thoughts to Him, who is God-with-us, our Emmanuel, and the Saviour of all. Amen. Come, Lord Jesus.