

Prayers to Practice and Pray



ACT OF SORROW

O my God,
I thank you for loving me.
I am sorry for all my sins,
for not loving others
and not loving you.
Help me to live like
Jesus
and not sin again. Amen

Prayer For Forgiveness

O my God,
help me to remember the times when I
didn't live
as Jesus asked me to.
Help me to be sorry
and to try again.
Amen

Prayer after Forgiveness

O my God,
thank you for forgiving me.
Help me to love others.
Help to live as
Jesus asked me to. Amen

Our Father

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against
us;
and lead us not into temptation,
but deliver us from evil.
Amen.

The Confiteor

I confess to almighty God
and to you, my brothers
and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done
and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary ever-
Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God. Amen.